## PLANNING FOR A LEAVE OF ABSENCE

Make sure you complete the following steps:

**Step 1:** Notify Human Resources of your leave request

**Step 2:** Visit our Alex LOA specialist at <a href="https://loa.myalex.com/niagarabottling">https://loa.myalex.com/niagarabottling</a>







**Step 3**: Contact Unum to report any Leaves of Absences (such as, Family Medical Leave, Maternity, or Personal Disability)

www.unum.com/claims

1 (866) 679-3054